



Image from The Avocado

Elizabeth Minette

Avocado Toast

This afternoon  
indulgence.

smashed  
bourgeoisie

snack,

(w/a little salt and pepper).

I am making

avocado toast

in a home I own.

Let it be known

this avocado traveled

thousands of miles

to be deconstructed

on my multi-grain

toast.

I still bought it.

And the multi-  
grain bread

I did not

make.

Let it be known

this avocado

was probably

grown as a  
mono-crop

to satisfy  
hipster

hunger.

Exported  
for little  
return,

even  
the community's  
(Mexico, Cali-

fornia – who  
bear the avo-  
cado), even  
their drinking  
water is

shipped

inside the fruit,

and the people  
are thirsty.

Yet I consider

the color of

the pit,

the seed –

what a beautiful

walnut hue

I think

to paint my walls

with.

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Elizabeth Minette lives in Minnesota.